**Education**

The Art Institute of Boston, Boston, MA

Masters of Fine Arts, 2011

University of Pennsylvania, Philadelphia, PA

Bachelor of Fine Arts 1995, *Magna Cum Laude*

The Pennsylvania Academy of Fine Arts, Philadelphia, PA

Certificate of Fine Arts 1991

**Selected Solo Exhibitions**

Confluence Gallery, Companions: Forest and Sky, 2017

Art Study at Piatti’s, Seattle, WA, 2014

Blindfold Gallery, Seattle, WA, 2012

Venue Gallery, Ballard, WA, 2009, 2010,11

Blue Horse Gallery, New Works, Bellingham, WA, 2008

Frame Up Studios, February – November2007

Bohemia Gallery*,* Ashland, Oregon, 2006

Laura Frost Fine Art, Winter Remembers Spring*,* Seattle, WA, 2005

Frame Up Studios, Birds in the Garden, Seattle, WA, 2005

Laura Frost Fine Art, Stories, Dreams and Memories, Seattle, WA, 2004

**Selected Group Exhibitions and Installations**

2020 – Catharsis, Digital exhibit, Teaching Artist Podcast

Confluence Gallery, Twisp, WA, 5 group exhibits, 2020-21

Olympic Sculpture Park, Seattle, WA, interactive temporary installations, 2017, 2018

Artists for Immigrants, Group Exhibit, Seattle, WA, 2017

Confluence Gallery, Twisp, WA, 2014, 2015, 2016

Center on Contemporary Art (COCA), Seattle, Across the Divide IV, 2012

One year exhibit, Collection of the President, Lesley University, 2011

Urban Institute of Contemporary Art, Grand Rapids, MI, 2011

Boston Young Contemporaries, Boston, MA, 2011

The Art Study, Meet the Artists of the Art Study, Group Show, Seattle, WA, 2011

Gallery 206, Public Art Installation, Seattle, WA 2011

University Hall Gallery, AIB at Lesley Univ. 14th Graduate Exhibition, Cambridge, MA, 2011

Core Gallery, Core Sample, Seattle, WA, 2011

Lakewood Gallery, Cross Roads, Lakewood, WA, 2008

Gage Fine Art, Youth Instructors’ Exhibit, Seattle, WA, 2008

Bohemia Gallery, Group Show, Ashland, Oregon, 2008

Gallery Fraga, Colors: The Beauty of Nature, Bainbridge Island, WA, 2008

Just Art, Invitational Auction, Seattle Men’s Choir, Seattle, WA, 2006, 2007

Ballard Works Gallery, Garden Arts Invitational*,* Seattle, WA, 2006

Christoff Gallery*,* Selected Works with Frank Burk*,* Seattle, WA, 2006

University House at Wallingford, Natural Forms: Artistic Impressions, Seattle, WA, 2006

Laura Frost Fine Art, Seattle Sampling, Seattle, WA, 2005

Laura Frost Fine Art, Garden Show, Seattle, WA, 2005

Seattle Men’s and Women’s Chorus, Second Annual Invitational Art Auction, 2005

Washington Mutual, Seattle’s Emerging Artists Show, Seattle, WA 2005

Art and Soul, Print Show, Seattle, WA, 2004

Gardner Gallery, Times 3, Atlanta, GA, 2004

Arts and Design Society, Family Affair, Ft. Walton Beach, FL, 2004

Art Fest, Atlanta, GA, 1999, 2000, 2001, 2003

Mona's, YATMA Faculty Group Show, Seattle, WA, 2000

Montgomery Museum of Fine Art, Art Auction, 2000

Anthony Ardavin Gallery, reoresentation, Atlanta, GA, 1998 – 2003

Montgomery Museum of Fine Art, Art Auction, 1998

SOHO Gallery, Grand Opening, Pensacola, FL, 1998

The Art Center, A Family Affair, Ft. Walton Beach, FL, 1997

Rosenfeld Gallery, Dealer’s Choice*,* Philadelphia, PA, 1997

Need in Deed Annual Heart Show, Philadelphia, PA, 1996, 1997

**Selected Collections and Commissions**

Bill and Melinda Gates Foundation, Seattle, WA, 2020

Book Cover, “An Earlier Life”, Ovenbird Books, 2016

University of Washington, Medical Center Collection Purchase, 2009

Book Cover, “Blessing of the Animals”, EWU Press, 2009

NW Florida Museum of Art, Purchase Award, 1995

**Selected Guest Artist and Residencies**

2021 – Guest Speaker, Art One, China

2020 – Present, Streaming content creation for the Frye Art Museum, Creative Aging Program, Seattle, WA

2020 – Streaming content creation for art education, Seattle Office of Arts and Culture, Seattle, WA

2018-Present, Lead Teaching Artist, Here:Now Creative Aging Program, Frye Art Museum

2018 -Seattle Art Museum REMIX public art commission

2012 - Present, Teaching Artist, Bill and Melinda Gates Foundation, Discovery Center, Seattle, WA

2001 - Present, Teaching Artist, Seattle Art Museum, Seattle, WA

2017, Artist in Residence, John Stanford International School, Seattle, WA

2013, Juror, 25th Annual Cinco Banderas Exhibition, Pensacola, FL

2011, Video artist-interview to support Arkansas Technical University contemporary art history curriculum

2008 - 2010, Teaching Artist, Gage Academy, Seattle Art Museum, Seattle, WA

2008, University of Washington, Workshop Presenter, Jackson School’s annual Mosaic workshop, EARC

2007, Published curricula support for “Dragon Fire, Ocean Mist” by Yvonne Palka

2005, January 2007, Senior Educator, Portfolio Development, CLC Gallery, Lynnwood, Washington

2004, Guest Artist, Frye Museum, Seattle, WA

2004, Guest Artist, Museum of Glass and Modern Art, Tacoma, WA

2002 - 2003, Teaching Artist, Seattle Children’s Museum, Seattle, WA

2002, Curator, Triangle Gallery, Beyond the Mask, Seattle, WA

1999 – 2001, Teaching Artist, Youth Advancement through Music and Art (YATMA), Seattle, WA

**Volunteer Work**

2020 – Swing Left, phone canvasing for voter turnout

2017-19, Frye Art Museum, Teaching Artist, Bridges, Creative Aging Program

2017-18, Days for Girls, Hygiene kit production and international delivery

1998- 2008, Board of Directors, Advisory Board, Feral Cat Spay Neuter Project

**Other interests**

Member of “3 Cats in the Cabin” a women’s string band

Long distance ultra-trail running

Travel via bicycle