My art practice, which is primarily painting and printmaking, is where my imagination communes with memory and optimism. I spend a lot of time out in nature as a long-distance runner and skier, and this is what gives me inspiration. As I paint, I juxtapose specificity with ambiguity to allow viewers to assign their own personal projections to my work.

My belief in the intrinsic worth of wild lands informs my art practice as does my intention to connect people with nature. My desire is to forge connections with those who view my work by endeavoring to represent the beauty of the natural world and the compassion of humanity.

At the core of my practice is giving back the love and gratitude I feel and hopefully instilling those feelings in others.